

Feel It All Shawl



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Close Knit*

The Story of the Feel It All -

The feel it all shawl is a free-form, decide-as-you-go, feel it shawl. Knit during a time when I was feeling a lotta things, I wanted something I could pick up and just decide what I wanted to do with it in that moment. no specific plan or destination, just a journey I could take with whatever I was feeling in that moment.



I encourage you to feel your way through this shawl, just do whatever feels right or good to you in that moment - make mistakes, rip them out (or don't - I didn't, and can you even tell?) and keep playing around. This is a good one to get your binge watch on on Netflix. For me it was Jane, the Virgin (highly recommend,btw)

The basic premise is this - start with a DK weight yarn with a bit of loft, and needles a few sizes bigger than you'd normally use.

I used 5mm needles (with a long circ to hold all my stitches for this bigass shawl). Remember that you're starting at the top of this shawl and knitting your way down, so you can stop whenever you like the length!

Helpful hints for the Feel It All Shawl: You can make this shawl out of any yarn you like - just choose a yarn that's a bit lofty and needles that are a couple sizes larger than you would normally use (eg I used 5mm needles and DK weight single-ply yarn)

Materials needed –

Yarn - 4 Skeins Twirl *Petals* (50g/170m)

I used 50g Button (MC- grey) , 28g Paisley's Pink Heather (CC1 - pink) , and 30g Beatrice Plum's Sukumo (CC2 - blue)

Or any other yarn you want! Get creative here

1x 5mm (US 8) circular needles (at least 80cm (32) in long) - longer is better, then you can make your shawl as big as you want!

Darning Needle

Removable stitch marker

Skills used -

Knit

Purl

Increasing (M1L, M1R)

Abbreviations –

k- knit

p - purl

M1L- make one left (symmetrical increase)

M1R - make one right (symmetrical increase)

rpt - repeat

MC - main colour

CC1 - contrast colour 1

CC2 - contrast colour 2

Sizing Guidelines -

My shawl measures 147 cm (58 in) x 66cm (26 in)

But you can make yours as big or small as you damn well please!

Gauge -

10cm x10cm (4in x 4in) = 23 stitches and 31 rows on 5mm (US 8) in stockinette stitch, measured after blocking.

Instructions -

Using a long tail cast on (or your preferred method) and the MC, cast on 5 stitches, and place a removable stitch marker on the 3rd stitch (this marks your center spine and indicates where you need to increase)

Begin Shawl Shaping Pattern

Row 1 knit 1, m1L, knit to sm, M1R, knit 1 (removing the stitch marker and moving it up as you do this), M1L, knit to last stitch, M1R, knit last stitch. (4 sts increased)

Row 2 Purl all stitches (for stockinette) OR knit all stitches (for garter) - you can vary between these to make the shawl textural

This is all there is to it - the premise is that you increase 4 sts across the row of knitting, 1 just after the first stitch of the row, two on either side of the center stitch, and one just before the last stitch of the row. Because you are using symmetrical increases (M1L, M1R), they'll look all nice and pretty.

Switch to CC1 when you feel like it, then switch back to the MC or to CC2 - just see what you decide as you go!

A few tips:

- To keep the colour changes neat, always change colour at the start of a row on the same side. I chose to always change to a new colour on an increase row (right side). If you change colours on opposite sides, eg on the wrong side and then the right side, you will get a visible line - but this is okay, too! Just depends on the look you want
- When changing colours, leave a 15 cm tail (roughly) to easily weave ends in.
- Knit the rows on the wrong side for garter sections, purl the rows on the wrong side for stockinette - play with it as you go!
- For the increase row, you can think: *left, right, left right* to not lose your place.

Finishing

Leave a 15 cm (6 in) tail of yarn, attach a darning needle and weave in your ends. Soak in a wool appropriate soap with cool water and block to desired size.

Now it's ready-to-wear!

Be sure to share a photo of your finished Coastal Colours Shawl #wearecloseknit and #feelitalshawl - I can't wait to see yours!

